## 5 CLAIMS

- A method of coupling a spliceable optical fibre for transmission of light in its longitudinal direction to an optical component, the method comprising:
  - (A) providing the spliceable optical fibre, said spliceable optical fibre comprising:
- 15 (a) a core region (10, 20, 25, 30, 110); and
  - (b) a microstructured cladding region, said cladding region surrounding said core region and comprising:
- 20 (b1) an inner cladding region with inner cladding features (13, 22, 112) arranged in an inner cladding background material (11, 21, 111) with a refractive index n1, said inner cladding features comprising thermally collapsible holes or voids, and

- (b2) an outer cladding region with an outer cladding background material (12, 24, 114) with a refractive index n2;
- 30 said spliceable optical fibre having at least one end;
- (B) collapsing said thermally collapsible holes or voids by heating said least one end of said spliceable optical fibre; and

- (C) coupling said collapsed spliceable optical fibre end to the optical component.
- 5 2. The method according to claim 1 wherein said collapsing of said thermally collapsible holes or voids being gradual and/or abrupt.
- 3. A method according to claim 1 or 2 wherein said thermally collapsible holes or voids are wholly or partially collapsed.
- 4. A method according to any one of claim 1 to 3 wherein said heating is being adapted so that a guided mode at said at least one end of the spliceable optical fibre is confined by an index profile determined by background materials of the core and the inner cladding.
- 5. A method according to any one of claims 1-4 wherein 20 said heating is provided by a fusion splicer.

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- 6. A method according to any one of claims 1-5 wherein said coupling comprises fusing of said at least one collapsed spliceable optical fibre end and said optical component.
- 7. A method according to any one of claims 1-6 wherein said optical component is an optical fibre, an optical connector, or a combination thereof.
- 8. The method according to claim 7 wherein said optical fibre is a photonic crystal fibre, or a non-microstructured optical fibre.

- 9. An article comprising a spliceable optical fibre coupled to an optical component obtainable by the method defined in claims 1-8.
- 5 10. A spliceable optical fibre for transmission of light in its longitudinal direction, the optical fibre having a cross section (71) perpendicular to the longitudinal direction, said optical fibre comprising
- 10 (a) a core region (10, 20, 25, 30, 110); and
  - (b) a microstructured cladding region, said cladding region surrounding said core region and comprising:
- 15 (b1) an inner cladding region with inner cladding features (13, 22, 112) arranged in an inner cladding background material (11, 21, 111) with a refractive index  $n_1$ , said inner cladding features comprising thermally collapsible holes or voids, and

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- (b2) an outer cladding region with an outer cladding background material (12, 24, 114) with a refractive index  $n_2$ ;
- 25 wherein said n<sub>1</sub> being larger than n<sub>2</sub>.
  - 11. The optical fibre according to claim 10 comprising a collapsed section or an end wherein said inner thermally collapsible holes or voids are collapsed.

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12. A optical fibre according to claim 10 or 11 wherein said inner cladding features have a size of  $d_1$  and said outer cladding region comprises outer cladding features (23) of size  $d_2$ .

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13. A spliceable optical fibre for transmission of light in its longitudinal direction, the optical fibre having a cross section (71) perpendicular to the longitudinal direction, said optical fibre comprising

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- (a) a core region (10, 20, 25, 30, 110); and
- (b) a microstructured cladding region, said cladding region surrounding said core region and comprising:

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- (b1) an inner cladding region with inner cladding features (13, 22, 112) arranged in an inner cladding background material (11, 21, 111) with a refractive index  $n_1$ , said inner cladding features comprising thermally collapsible holes or voids having a size  $d_1$ , and
- (b2) an outer cladding region with an outer cladding background material (12, 24, 114) with a refractive index n<sub>2</sub>, said outer cladding comprising thermally collapsible holes or voids having a size d<sub>2</sub>;

wherein  $d_2$  is larger than  $d_1$ .

- 25 14. The optical fibre according to claim 13 comprising a collapsed section or a collapsed end wherein said inner thermally collapsible holes or voids are collapsed.
- 15. An optical fibre according to claim 13 or 14 wherein  $n_1$  equals  $n_2$ .
  - 16. An optical fibre according to claim 13 wherein  $n_1$  is larger than  $n_2$ .

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17. An optical fibre according to any one of claims 10-16 wherein  $n_1$  and  $n_2$  are different by less than 2%, such as less than 1%, such as less than 0.5%.

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- 5 18. An optical fibre according to any one of claims 10-17 wherein the optical fibre comprises silica-based materials.
- 19. An optical fibre according to any one of claims 10-18 wherein said core region comprises a material with a refractive index  $n_{\rm core}$ , and  $n_{\rm core}$  is equal to  $n_{\rm l}$ .
- 20. An optical fibre according to any one of claims 10-18 wherein said core region comprises a material with a refractive index  $n_{\rm core}$ , and  $n_{\rm core}$  is larger than  $n_1$ .
  - 21. An optical fibre according to any one of claims 10-18 wherein said core region comprises material with a refractive index  $n_{\rm core}$ , and  $n_{\rm core}$  is smaller than  $n_{\rm l}$ .
  - 22. An optical fibre according to any one of claims 10-21 wherein said core region comprises a material with a refractive index  $n_{\text{core}}$ , and  $n_{\text{core}}$  is smaller, equal to, or larger than  $n_2$ .

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- 23. An optical fibre according to any one of claims 10-22 wherein said core region has a diameter smaller than or equal to 3.0  $\mu m$ .
- 30 24. An optical fibre according to any one of claims 10-23 wherein said optical fibre has at least one position, position 1 (71), along its length where a guided mode at a given wavelength,  $\lambda$ , is confined to the core region by the presence of inner cladding features, and  $\lambda$  is in the range from 0.4  $\mu$ m to 2.0  $\mu$ m.

25. An optical fibre according to any one of claims 10-24 wherein the core region has a largest dimension,  $r_{pcF}$ , being in the range of 0.8  $\mu m$  to 3.0  $\mu m$ .

- 26. An optical fibre according to any one of claims 10-25 wherein the inner cladding region has a largest dimension,  $r_{\rm solid}$ , being in the range of 3.0  $\mu m$  to 15.0  $\mu m$ .
- 10 27. A preform for producing a spliceable optical fibre as defined in claims 10-26, the preform comprising longitudinal preform elements comprising:
- (a) at least one core element (120) comprising a material with refractive index  $n_{\rm core}$ ;
- (b) inner cladding elements (121) comprising a tubular element of a material with refractive index  $n_1$ , said tubular element being adapted to form a collapsible hole or void in the spliceable optical fibre; and
  - (c) outer cladding elements (122) comprising a material with refractive index  $n_2$ .
- 25 28. The preform according to claim 27 wherein  $n_{\rm i}$  is larger than  $n_{\rm 2}$ .
- 29. The preform according to claim 27 wherein said tubular element of the inner cladding has an inner dimension  $d_{1,preform}$  and said outer cladding elements comprising a tubular element with an inner dimension  $d_{2,preform}$ , and  $d_{2,preform}$  is larger than  $d_{1,preform}$ .

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- 30. A method of producing a spliceable optical fibre as defined in claims 10-26, the method comprising drawing an optical fibre from a preform according to claims 27-29.
- 5 31. A spliceable optical fibre as defined in claims 10-26 obtainable by the method defined in claim 30.
- 32. A heat-treated spliceable optical fibre comprising a spliceable optical fibre as defined in claims 10-26, or a spliceable optical fibre obtainable by the method defined in claim 30, prepared by a heat-treatment of at least one end or a section of the spliceable optical fibre.
- 33. An article comprising a spliceable optical fibre according to any one of claims 10-26, or a spliceable optical fibre and optical component coupling obtainable by the method defined in any one of claims 1-8, wherein said article is a non-linear fibre component, or a dispersion compensating fibre component.